



Bugbee Senior Center Activities

March 2025



Monday	Tuesday	Wednesday	Thursday	Friday
3 9:30: Mahjong 9:30 & 10:40: Zoom Tai Chi Classes \$3 10: Bridge 1: Boggle 1: Bingo 1: Painting w/ Christine 2: Grief & Healing Café	4 10: Yoga Fusion \$8 12: Piano Tunes 1: Card Games 2: Senior Learning Network Presentation	5 9: Foot Clinic 9:30: Mahjong 10: Cardio Drumming 11:15: Tech Help 1: Fiber Crafts 1: BugbeeTalks: Advance Directives 1: Cribbage Lessons 3: Yoga for Men	6 9: Quilting 10:30: Buzz Café 1:30: Senior Fitness \$8	7 9:30: Mahjong 9:30: Suite Notes 10: Chair Yoga \$8 10: Hartford Nurse Office Hours 1: Bingo 1: Book Club
Shepherd's Pie 10 9:30: Mahjong 9:30 & 10:40: Zoom Tai Chi Classes \$3 10: Bridge 1: Saint Patrick's Day Card Making 1: Boggle 1: Bingo	Baked Haddock 11 10: Yoga Fusion \$8 12: Piano Tunes 1: Card Games 2: Senior Learning Network Presentation	Lemon Chicken 12 9: Foot Clinic 9:30: Mahjong 9:30: Montpelier MiniTrip 10: Cardio Drumming 11:15: Tech Help 1: Fiber Crafts 1: TLC Recovery Services 1: Cribbage Lessons 3: Yoga for Men	Roast Pork 13 9: Quilting 10:30: Buzz Café 12: Saint Patrick's Day Lunch *sign up required* 1: High Stakes Bingo	Spag & Balls 14 9:30: Mahjong 9:30: Suite Notes 10: Chair Yoga \$8 10: Hartford Nurse Office Hours 11: Bugbee 2030 Update with Mark 1: Bingo
Pork Chop 17 9:30: Mahjong 10: Bridge 11: Memory Café 1: Boggle 1: Bingo	Salisbury Steak 18 10: Yoga Fusion \$8 12: Piano Tunes 1: Card Games 2: Senior Learning Network Presentation	Chicken Parm 19 9: Foot Clinic 9:30: Mahjong 10: Cardio Drumming 11:15: Tech Help 1: Fiber Crafts 1: Cribbage Lessons 3: Yoga for Men	20 9: Quilting 10:30: Buzz Café 1:30: Visually Impaired Group 1:30: Senior Fitness \$8	Chowder & Salad 21 9:30: Mahjong 9:30: Suite Notes 10: Chair Yoga \$8 10: Hartford Nurse Office Hours 1: Bingo
Meatloaf 24 9:30: Mahjong 9:30 & 10:40: Zoom Tai Chi Classes \$3 10: Bridge 1: Boggle 1: Bingo	Baked Salmon 25 10: Yoga Fusion \$8 12: Piano Tunes 1: Card Games 2: Senior Learning Network Presentation	American Chop Suey 26 9:30: Mahjong 10: Cardio Drumming 11:15: Tech Help 1: Fiber Crafts 1: Cribbage Lessons 3: Yoga for Men	Baked Ham 27 9: Quilting 10:30: Buzz Café	C&S Pizza 28 9:30: Mahjong 9:30: Suite Notes 10: Chair Yoga \$8 10: Hartford Nurse Office Hours 1: Bingo 1: Spring Wreath Making Class \$15
Chili Soup 31 9:30: Mahjong 10: Bridge 1: Boggle 1: Bingo	Chicken Pot Pie Lunch is served Monday to Friday at Noon	Swedish Meatballs Reservations required for in house meals. Call us before 10:30 to sign up!	BBQ Pork Bites	Turkey Waldorf
Soup & Salad				