



# Bugbee Senior Center Activities

## February 2025



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

3	4	5	6	7
9:30: Mahjong 10: Bridge 10: BugbeeTalks: Alzheimer's Association 1: Boggle 1: Bingo 2: Grief & Healing Café	10: Yoga Fusion \$8 10:30: Morning Melodies 12: Piano Tunes 1: Card Games 1: Movies with Don 2: Senior Learning Network Presentation	9: Foot Clinic 9:30: Mahjong 10: Cardio Drumming 11:15: Tech Help w/ HHS Students 1: BugbeeTalks: Hospice Care 1: Fiber Crafts 3: Men's Yoga	9: Quilting 10:30: Buzz Café 1: Mahjong 1:30: Senior Fitness \$8	9:30: Mahjong 10: Chair Yoga \$8 1: Bingo 1: Book Club
<b>American Chop Suey</b>	<b>Roast Pork</b>	<b>Waldorf Salad</b>	<b>Chowder &amp; Salad</b>	<b>Shepherd's Pie</b>
<b>10</b> 9:30: Mahjong 10: Tai Chi Chinese New Year Party 10: Bridge 1: Valentine's Day Cards 1: Painting w/ Christine 1: Boggle 1: Bingo	<b>11</b> 10: Yoga Fusion \$8 10:30: Morning Melodies 12: Piano Tunes 1: Card Games 1: Movies with Don 2: Senior Learning Network Presentation	<b>12</b> 9: Foot Clinic 9:30: Mahjong 10: Cardio Drumming 11:15: Tech Help w/ HHS Students 1: Fiber Crafts 1: Cornhole Competition 3: Men's Yoga	<b>13</b> 9: Quilting 10:30: Buzz Café 1: Mahjong 1: BugbeeTalks: 108 Years on the WR 1:30: Senior Fitness \$8	<b>14</b> 9:30: Mahjong 10: Chair Yoga \$8 12: Valentine's Day Lunch 1: High Stakes Bingo
<b>Chinese New Year</b>	<b>Cranberry Chicken</b>	<b>Baked Ham</b>	<b>Chili Soup</b>	<b>Meatloaf</b>
<b>17</b> Bugbee Center Closed for Presidents' Day	<b>18</b> 10: Yoga Fusion \$8 10:30: Morning Melodies 12: Piano Tunes 1: Card Games 1: Movies with Don 2: Senior Learning Network Presentation	<b>19</b> 9:30: Mahjong 10: Cardio Drumming 1: Fiber Crafts 1: Team Trivia 3: Men's Yoga	<b>20</b> 9: Quilting 10:30: Buzz Café 1: Mahjong 1:30: Visually Impaired Group 1:30: Senior Fitness \$8	<b>21</b> 9:30: Mahjong 10: Chair Yoga \$8 1: Bingo 1: Meet & Greet w/ Hartford Town Nurse
	<b>Spag &amp; Balls</b>	<b>Chicken Pot Pie</b>	<b>Baked Haddock</b>	<b>C&amp;S Pizza</b>
<b>24</b> 9:30: Mahjong 9:30 & 10:40: Zoom Tai Chi Classes \$3 10: Bridge 1: Boggle 1: Bingo	<b>25</b> 10: Yoga Fusion \$8 10:30: Morning Melodies 12: Piano Tunes 1: Card Games 2: Senior Learning Network Presentation	<b>26</b> 9: Foot Clinic 9:30: Mahjong 10: Cardio Drumming 11:15: Tech Help w/ HHS Students 1: Fiber Crafts 3: Men's Yoga	<b>27</b> 9: Quilting 10:30: Buzz Café 1: Mahjong 1:30: Senior Fitness \$8	<b>28</b> 9:30: Mahjong 10: Chair Yoga \$8 1: Bingo
<b>Chicken Parm</b>	<b>Salisbury Steak</b>	<b>Soup &amp; Salad</b>	<b>Pork Chop</b>	<b>Swedish Meatballs</b>
<b>Reservations            required for in            house meals.            Call us before            10:30 to sign up!</b>	<b>Lunch is served            Monday to Friday            at Noon</b>			