



Bugbee Senior Center Activities

October 2024



Monday

Tuesday

Wednesday

Thursday

Friday

Reservations required for in house meals. Call us before 10:30 to sign up!	1 10: Yoga Fusion \$8 12: Piano Tunes 1: Card Games 1: Film Discussion	2 8: Pickleball @ Maxfield 9: Foot Clinic 9:30: Mahjong 10: Locally Yours 1: Mini Golf Mini Trip 1: Fiber Crafts	3 1: Fall Wreath Making OKTOBERFEST NIGHT OPENING 4pm: Doors Open 5pm: Dinner 6pm: High Stakes Bingo Registration Required *no meal delivery or lunch service*	4 8: Pickleball @ Maxfield 10: Chair Yoga \$8 10: Mahjong 1: Bingo 1: Book Club
	Chicken Pot Pie	Shepherd's Pie		Lasagna
7 9:30: Beginner Tai Chi \$3 10:40: Traditional Tai Chi \$3 10: Bridge 1: Boggle 1: Bingo	8 10: Yoga Fusion \$8 12: Piano Tunes 12:30: Flu Clinic 1: Card Games 1: Film Discussion 2: Senior Learning Network: LaBelle	9 Strawbery Banke 8: Pickleball @ Maxfield 9: Foot Clinic 9:30: Mahjong 10: Locally Yours 1: Fiber Crafts 1: Fall Painting Class	10 9: Quilting 10:30: Buzz Café 1: BugbeeTalks: Medicare Enrollment 1:30: Senior Fitness \$8	11 8: Pickleball @ Maxfield 10: Chair Yoga \$8 10: Mahjong 1: Bingo
Mac & Cheese	Sausage Marsala	Baked Haddock	Chicken Parm	Honey Chicken
14 Closed for Indigenous Peoples' Day	15 10: Yoga Fusion \$8 12: Piano Tunes 1: Card Games 1: Film Discussion 2: Senior Learning Network: Mystic Seaport	16 8: Pickleball @ Maxfield 9:30: Mahjong 10: Locally Yours 1: Fiber Crafts 1: BugbeeTalks: Patient Choices VT	17 9: Quilting 10:30: Buzz Café 1:30: Senior Fitness \$8	18 8: Pickleball @ Maxfield 10: Chair Yoga \$8 10: Mahjong 1: Bingo 2: Fall Card Class
	Pork Chop	Soup & Sandwich	BBQ Chicken	C&S Pizza
21 9:30: Beginner Tai Chi \$3 10:40: Traditional Tai Chi \$3 10: Bridge 1: Boggle 1: Bingo	22 10: Yoga Fusion \$8 12: Piano Tunes 1: Card Games 1: Film Discussion 2: Senior Learning Network: Truman Pres Library	23 8: Pickleball @ Maxfield 9:30: Mahjong 10: Locally Yours 1: Fiber Crafts 1: Family Feud	24 9: Quilting 10:30: Buzz Café 1:30: Senior Fitness \$8	25 8: Pickleball @ Maxfield 10: Chair Yoga \$8 10: Mahjong 1: Bingo
Swedish Meatballs	Roast Pork	Meatloaf	Baked Ham	Chicken Salad
28 9:30: Beginner Tai Chi \$3 10:40: Traditional Tai Chi \$3 10: Bridge 1: Boggle 1: Bingo	29 10: Yoga Fusion \$8 12: Piano Tunes 1: Card Games 1: Film Discussion 2: Senior Learning Network: Cemeteries	30 8: Pickleball @ Maxfield 9:30: Mahjong 10: Locally Yours 1: Fiber Crafts 1: BugbeeTalks: SNIP Presentation	31 9: Quilting 10:30: Buzz Café 11: Halloween Costume Contest 1:30: Senior Fitness \$8	Lunch is served Monday to Friday at Noon
Salisbury Steak	Oven Chicken	Chowder & Egg Salad	Spag & Balls	