



Bugbee Senior Center Activities

September 2024



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>*Bugbee Center Closed for Labor Day*</p> 	<p>3</p> <p>10: Yoga Fusion \$8 12: Piano Tunes 1: Card Games 2: Senior Learning Network: LaBelle</p>	<p>4</p> <p>8: Pickleball @ Maxfield 9: Foot Clinic 9:30: Mahjong 10: Locally Yours 1: Fiber Crafts 1:30: Collette Travel Introduction</p>	<p>5</p> <p>10: Captain Paige Bakes 10:30: Buzz Café 1:30: Senior Fitness \$8</p>	<p>6</p> <p>8: Pickleball @ Maxfield 10: Chair Yoga \$8 10: Mahjong 1: Bingo 1: Book Club @ Quechee Library</p>
	Salisbury Steak	Chicken Parm	Chicken Pot Pie	Turkey Wrap
<p>9</p> <p>9:30: Beginner Tai Chi \$3 10:40: Traditional Tai Chi \$3 10: Bridge 1: Boggle 1: Bingo</p>	<p>10</p> <p>9: AARP Scam Jam 10: Yoga Fusion \$8 12: Piano Tunes 1: Card Games 2: Senior Learning Network: Army Women</p>	<p>11</p> <p>Foster's Clambake 8: Pickleball @ Maxfield 9:30: Mahjong 10: Locally Yours 1: Fiber Crafts</p>	<p>12</p> <p>10:30: Buzz Café 1:30: Senior Fitness \$8</p>	<p>13</p> <p>8: Pickleball @ Maxfield 10: Chair Yoga \$8 10: Mahjong 1: Bingo</p>
Mac & Cheese	Hot Turkey	Baked Ham	Italian Chicken	Burger Stroganoff
<p>16</p> <p>9:30: Beginner Tai Chi \$3 10:40: Traditional Tai Chi \$3 10: Bridge 11: Memory Café 1: Boggle 1: Bingo</p>	<p>17</p> <p>10: Yoga Fusion \$8 12: Piano Tunes 1: Card Games 1: Team Trivia 2: Senior Learning Network: Asian Art</p>	<p>18</p> <p>8: Pickleball @ Maxfield 9: Foot Clinic 9:30: Mahjong 10: Locally Yours 10:05: Mini-Trip to Poverty Lane Orchards 1: Fiber Crafts 1: Medicare Open Enrollment Discussion</p>	<p>19</p> <p>1:30: Senior Fitness \$8 1:30: Visually Impaired Group</p> <p>PIZZA & BINGO NIGHT OPENING 4 pm to 7 pm sign up required</p> <p><i>*no meal delivery or lunch service*</i></p>	<p>20</p> <p>8: Pickleball @ Maxfield 10: Chair Yoga \$8 10: Mahjong 1: Bingo</p>
Spag & Balls	Roast Pork	Roast Beef Wrap		Oven Chicken
<p>23</p> <p>9:30: Beginner Tai Chi \$3 10:40: Traditional Tai Chi \$3 10: Bridge 1: Boggle 1: Bingo</p>	<p>24</p> <p>10: Yoga Fusion \$8 12: Piano Tunes 1: Card Games 1: Film Discussion 2: Senior Learning Network: Elephants</p>	<p>25</p> <p>8: Pickleball @ Maxfield 9: Foot Clinic 9:30: Mahjong 9:45: Mini-Trip to Pompanoosuc Mills 10: Locally Yours 1: Fiber Crafts</p>	<p>26</p> <p>10:30: Buzz Café 1:00–4:00: Closed For Staff Development</p>	<p>27</p> <p>8: Pickleball @ Maxfield 10: Chair Yoga \$8 10: Mahjong 1: Bingo</p>
Turkey Waldorf	Seafood Pasta	Meatloaf	Baked Haddock	American Chop Suey
<p>30</p> <p>9:30: Beginner Tai Chi \$3 10:40: Traditional Tai Chi \$3 10: Bridge 1: Boggle 1: Bingo</p>			<p>Reservations required for in house meals. Call us before 10:30 to sign up!</p>	<p>Lunch is served Monday to Friday at Noon</p>
Swedish Meatballs				