



# ◆ The Bugbee Bulletin ◆

Volume 2019  
Issue 4

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262 N Main St., White River Jct., VT 05001-7027  
(802) 295-9068 www.bugbeecenter.org

January 2019

## Bazaar Update

Bazaar 2018	To		
	12/1/2018	Interim	12/24/18
Bake Sale	710.75	\$253.00	\$963.75
Boutique	580.50	\$419.75	\$1,000.25
Bugbee Café	300.00	\$0.00	\$300.00
Cookies		\$668.00	\$668.00
Crafts	222.00	\$380.75	\$602.75
Jewelry	325.55	\$81.25	\$406.80
Holiday Raffle	3,750.00	\$295.00	\$4,045.00
White Elephant	580.50	\$164.05	\$744.55
	<b>\$6,469.30</b>	<b>\$2,261.80</b>	<b>\$8,731.10</b>

\* includes prior



Bazaar '17	12/2/2017	Interim	Final
<b>STATION:</b>			
Bake Sale	499.95	315.50	<b>815.45</b>
Boutique	715.50	235.00	<b>950.50</b>
Bugbee Café	249.00		<b>249.00</b>
Cookies		693.30	<b>693.30</b>
Crafts	188.25	351.50	<b>539.75</b>
Jewelry	460.65	153.50	<b>614.15</b>
Holiday Raffle *	3,700.00	300.00	<b>4,000.00</b>
White Elephant	566.05	210.30	<b>776.35</b>
Quilt Sales	235.00		<b>235.00</b>
	<b>6,614.40</b>	<b>2,259.10</b>	<b>8,873.50</b>
*includes prior			

Year	Year by Year Com-		
	1st Day	Interim	Final Total
2002	\$2,432.60	\$ 732.35	<b>\$3,164.95</b>
2003	\$2,509.46	\$2,106.58	<b>\$4,616.04</b>
2004	\$3,520.70	\$3,073.98	<b>\$6,594.68</b>
2005	\$2,776.34	\$ 881.02	<b>\$3,657.36</b>
2006	\$3,002.94	\$ 732.80	<b>\$3,735.74</b>
2007	\$1,875.71	\$1,629.15	<b>\$3,504.86</b>
2008	\$1,927.06	\$1,196.65	<b>\$3,123.71</b>
2009	\$3,166.29	\$1,460.56	<b>\$4,626.85</b>
2010	\$2,663.20	\$1,308.58	<b>\$3,971.78</b>
2011	\$2,910.40	\$1,339.26	<b>\$4,249.66</b>
2012	\$2,203.35	\$1,345.80	<b>\$3,549.15</b>
2013	\$3,044.15	\$2,065.90	<b>\$5,110.05</b>
2014	\$2,193.15	\$2,194.50	<b>\$4,387.65</b>
2015	\$6,191.75	\$2,008.35	<b>\$8,200.10</b>
2016	\$6,217.60	\$1,463.51	<b>\$7,681.11</b>
2017	\$6,614.40	\$2,259.10	<b>\$8,873.50</b>
2018	\$6,469.30	\$2,261.80	<b>\$8,731.10</b>

As you can see, we had a very successful Bazaar. Thank you to everyone who helped out, donated or came and made a purchase. We appreciate your support!

## Directors Corner

Well it is 2019, and our holiday season has ended. I hope that you and yours had a wonderful time during the holidays. On behalf of the board and staff I want to wish everyone nothing but the best for the coming New Year.

Our recent Holiday Bazaar raised funds needed to run our center and our programs. At this writing we raised just a smidgeon over \$8,730 to support us. The “calendar raffle” hit \$4045 in ticket sales, and I offer thanks to all of you who sold tickets for us. I also want to thank everyone who donated goods, baked breads and other sweets or made cookies. A special thanks goes to all of our volunteers who helped to run the bazaar related events. I also want to thank the staff people who volunteered extra time to assist with this annual event. Likewise, the “Cookie Walk” was also a very successful day!

And speaking of raising funds, our appeal still has funds coming in and I want to express gratitude for the donations folks have made this year. It has been heartwarming to see the outpouring of support, particularly in light of some of the funding reductions which we have absorbed in prior years. Thank you all for this support.

Here at Bugbee we are starting to think of our day trips for the coming year. As I do every year, I ask that if you have suggestions you let me, Regina Burg or Emily Santaw know your ideas. Our other activities will continue as planned so refer to the calendar for the schedule of events and activities.

On a different note, some personnel changes are in store for the near future and further in the year. Allen Albrecht, our part-time van driver has decided to retire again and will be replaced by John Bristol of West Hartford. We will miss Allen but may see him from time to time as he has agreed to substitute on a limited basis. At the end of this coming March, long time Administrative Assistant Emily Santaw will be retiring. We will begin the “hunt” for her replacement soon after the new calendar year starts. And finally, last September I informed our Board of Directors of my intention to retire at the end of our current fiscal year, September 30, 2019. Soooo, Emily and I will be around for a little while longer for her and me to enjoy your respect and admiration!!!

Again, we here at Bugbee wish everybody a happy and productive 2019. And, I offer many thanks to all for your continued support of our center.

Len Brown



### Help Needed: Home-Delivered Meal Drivers

We need drivers for our meal routes in Quechee and White River Jct. Meals are picked up at the Center around 10:45 AM, Monday through Friday. The number of meals/stops varies by route and day. Before “going solo” on a route, new drivers go out once or twice with an experienced driver. All drivers must pass a criminal background check.

### Bread Pick-Up

We need drivers who would be willing to pick up “day old” bread on a substitute basis. The driver picks up empty boxes at the Center at approximately 9:00 AM, then picks up bread at the Miracle Mile Price Chopper on Mondays, Tuesdays and Wednesdays .

### Wait Staff:

There is no order taking or carrying of heavy trays. Wait staff arrive around 11:30 AM to distribute water pitchers, bread baskets, butter and other condiments to the tables, and pour coffee, tea or milk before serving salads and the main course. Meals are plated in the kitchen and carried to the tables by wait staff. Wait staff clear the dishes between courses and after the meal, then wipe off the tables. Lunch is usually over no later than 12:45. Most wait staff volunteers serve one or two days a week, depending on their desire and availability.

If you are interested in volunteering or in finding out more about volunteering, call Regina at (802) 295-9068, Mon-Thurs between 8 am and 3 pm, or stop in at the Center.



# January 2019 Meals



Monday

Tuesday

Wednesday

Thursday

Friday

<p>Please be seated by 11:50 to allow our wait staff to serve beverages (coffee/tea/milk) before the salad course is served.</p>	<p>1</p> 	<p>2</p> <p>Green Salad Oven Chicken Mashed Potatoes Green Beans Bread Brownie</p>	<p>3</p> <p>Cole Slaw BBQ Spare Ribs Seasoned Potatoes Beets Corn Bread Peach Crisp</p>	<p>4</p> <p>Tossed Salad American Chop Suey Brussels Sprouts Garlic Bread Pears</p>
<p>7</p> <p>Broccoli Salad Parmesan-Crusted Chicken Rice Pilaf Peas &amp; Onions Blueberry Crisp</p>	<p>8</p> <p>Carrot Raisin Slaw Baked Potato Soup Tuna Salad Sandwich Jell-o w/Fruit Cocktail</p>	<p>9</p> <p>Dilled Cucumbers Baked Haddock Roasted Potatoes Spinach Bread Yellow Cake w/Chocolate Frosting</p>	<p>10</p> <p>Tossed Salad Italian Meatloaf Mashed Potatoes Broccoli Blondie</p>	<p>11</p> <p>Corn &amp; Bean Salad Beef Stroganoff On Noodles Carrots Fruit Salad</p>
<p>14</p> <p>Green Salad Pulled Pork Sweet Potato Cauliflower Fruit Salad</p>	<p>15</p> <p>Caesar Salad Cranberry Chicken Rice Pilaf Broccoli Bread Pumpkin Stuff</p>	<p>16</p> <p>Green Salad Roast Pork w/Gravy Mashed Potato Carrots Jello</p>	<p>17</p> <p>Ambrosia Chicken Pie w/Peas &amp; Carrots Mashed Potatoes Chocolate Chip Cookies</p>	<p>18</p> <p>Tossed Salad C &amp; S Pizza Mixed Melons</p>
<p>21</p> <p>Tossed Salad Chicken Parmesan w/Pasta Sauce On Linguini California Vegetables Garlic Bread Baked Pears</p>	<p>22</p> <p>Tossed Salad <b><u>BUFFET</u></b> Assorted Entrees Bread Assorted Desserts</p>	<p>23</p> <p>4-Bean Salad Turkey w/Gravy Mashed Potatoes Roasted Brussels Sprouts Apple Bars</p>	<p>24</p> <p>Caesar Salad Pork Chop Stuffing Squash Peas &amp; Carrots Blondie</p>	<p>25</p> <p>Cottage Cheese w/ Peaches Salisbury Steak Sweet Potato Spinach Bread Tapioca Pudding</p>
<p>28</p> <p>Pickled Beets Macaroni &amp; Cheese Stewed Tomatoes Green Beans Mandarin Oranges</p>	<p>29</p> <p>Cole Slaw Baked Ham Scalloped Potatoes Brussels Sprouts Bread Brownie</p>	<p>30</p> <p>Green Salad Honey Chicken On Rice Stir Fry Vegetables Baked Apples</p>	<p>31</p> <p>Tossed Salad Spaghetti &amp; Meatballs Broccoli Garlic Bread Fruit Cocktail</p>	<p>Suggested Donation for Seniors (60+): \$5 Fee for Under 60: \$6</p>

Monday



Tuesday


Wednesday

Thursday



Friday

# January 2019

<p>*indicates an activity that requires sign-up. For on-going activities it may not be possible to join mid-session. Call us to find out. 802-295-9068</p>	<p>1</p> 	<p>2</p> <p>10:00 Poetry 12:45 Knitting 1:30 Line dancing**</p>	<p>3</p> <p>9:00 Quilting 1:15 Sr. Fitness**</p>	<p>4</p> <p>9:30 Tai Chi 1* 10:45 Tai Chi 2* 12:45 Book Club 1:00 Bingo 1:00 Shopping</p>
<p>7</p> <p>1:00 Bingo 1:00 Shopping</p>	<p>8</p> <p>10:00 Aqua Aerobics* 1:00 Cribbage 1:00 Hand &amp; Foot</p>	<p>9</p> <p>10:30 TOGETHER <u>12:00 Birthday Day</u> Audrey Lilly, pianist 12:45 Knitting 1:30 Linedancing*</p>	<p>10</p> <p>8:45 Foot Care* 9:00 Quilting 12:30 <u>"Prevent Hearing Loss"</u> Sponsored by NARFE 1:15 Sr. Fitness*</p>	<p>11</p> <p>9:30 Tai Chi 1* 10:45 Tai Chi 2* 1:00 Shopping 1:00 Bingo</p>
<p>14</p> <p>10:00 Health Clinic 1:00 Bingo 1:00 Shopping 1:30 Painting w/Becki*</p>	<p>15</p> <p>10:00 Aqua Aerobics* <u>12:30 Abuse in Later Life</u> 1:00 Cribbage 1:00 Hand &amp; Foot</p>	<p>16</p> <p>8:45 Foot Care* 10:00 Poetry 12:45 Knitting 1:30 Linedancing*</p>	<p>17</p> <p>9:00 Quilting 1:15 Sr. Fitness*</p>	<p>18</p> <p>9:30 Tai Chi 1* 10:45 Tai Chi 2* 1:00 Bingo 1:00 Shopping</p>
<p>21</p> <p>1:00 Bingo 1:00 Shopping</p>	<p>22</p> <p>10:00 Aqua Aerobics* 1:00 Cribbage 1:00 Hand &amp; Foot</p>	<p>23</p> <p>1:00 History Group 12:45 Knitting 1:30 Linedancing*</p>	<p>24</p> <p>9:00 Quilting 1:30 Sr. Fitness*</p>	<p>25</p> <p>9:30 Tai Chi 1* 10:45 Tai Chi 2* 12:00 Galen Mudgett 1:00 Bingo 1:00 Shopping</p>
<p>28</p> <p>10:00 Health Clinic 1:00 Bingo 1:00 Shopping</p>	<p>29</p> <p>10:00 Aqua Aerobics* <u>12:30 Sing-along</u> Hanover 6th Graders 1:00 Cribbage 1:00 Hand &amp; Foot</p>	<p>30</p> <p>10:00 Poetry 12:45 Knitting 1:30 Linedancing</p>	<p>31</p> <p>9:00 Quilting 1:30 Sr. Fitness*</p>	<p>** indicates first day of an on-going activity that requires sign-up. This is the day to join.</p>

## January Happenings

Jan. 2 10:00 Poetry. This group meets on the 1st, 3rd and (when there is one) 5th Wednesday of each month to read and discuss poetry. No fee. New participants always welcome.  
1:30 Linedancing Class with Jamie Orr. New session begins. Sign up required. \$35/5 weeks

Jan.3 1:15 Senior Fitness with Liz Hatfield. New session begins. Sign up required. \$35/5 weeks.

Jan. 5 12:45 Bugbee Book Club. Marieke Sperry from the Quechee/Wilder Libraries visits the first Friday of each month to discuss popular and interesting books that are available for borrowing. The book for January will be "The Children of Men" by PD James. New participants always welcome.

Jan. 9 10:30 TOGETHER women's support group with Judy Adams. "2019... My goodness, a new year is here! Let's plan some topics we would like to discuss at our monthly meetings. Share your ideas!" New participants always welcome.

Jan. 10 12:30 "Prevent Hearing Loss". Dr. Kathleen Bazzano, audiologist at the VA, will speak about ways to prevent hearing loss, ear health and the newest technology available to remediate hearing loss. She is coming at the invitation of NARFE for their quarterly meeting but everyone is invited to hear her presentation.

Jan. 14 1:30 Painting w/Becki. Stop by the Center to see the lovely "Cardinal in Winter" painting that Becki will lead you through this month. \$25 fee covers all materials and instruction. Minimum of 8 participants needed for this class to happen.

Jan. 15 12:30 "Elder Abuse". Gary Schall, Senior Solutions Elder Justice Project Coordinator, will provide an update on the Windsor County Pilot to Address Abuse in Later Life, then talk about financial exploitation and resources that are available to help people. Gary will also introduce VT Legal Aid's new staff attorney for the Elder Law Project, Leah Burdick, Esq., who will explain her role.

Jan. 23 1:00 History Group. If you have an interest in local history, especially if you have stories to share, come to this free discussion group.

Jan. 29 12:30 Sing Along with Josh Hall and his 6th Graders from the Richmond School in Hanover.

Lonely? Bored?

Suffering from "cabin fever"?

Come on down to Bugbee Senior Center and spend an hour with friendly folks ... and you might even win a bit of money.

Bingo at Bugbee  
Mondays & Fridays  
1:00 PM

50¢ per card/10 games

We collect 50¢ per card before Bingo starts. Half of the money collected goes to support the Center; the other half is divided into prizes. We play 10 games, but we divide the "pot" by 11 because the final game is a cover-all and pays double. If more than one person calls "Bingo" on a game, the pot is divided.

The more players, the larger the prizes so "come on down". You must be here before 1:00 to get your cards, so you might as well come in for lunch!



Are You a Cribbage Player?

Tuesdays 1:00 PM

\$2 per player.

Half of the money collected goes to the Center; the other half is divided into prizes.

How About "Hand & Foot"?

Tuesdays 1:00 PM

Free!

This is a card game similar to canasta. Come in and join this friendly group. No sign up required. No prizes but they have a lot of fun.



## 2018 Holiday Raffle Winners

Thank you to everyone who sold tickets on our behalf and everyone who bought a ticket. We also thank the businesses and individuals listed below who donated the prizes. This was our most successful raffle ever! The money raised goes directly to support the services provided by the Center.

Congratulations to all the lucky winners. Here's the list as of December 26th:

Wooden Advent Wreath ... Evelyn Danaher  
Basket of Sam & Diane's Jams ... Beverly Armstrong  
Christmas Wreath ... Elizabeth Rathburn  
\$50 Gift Certificate /Upper Valley Food Coop ...  
Bonnie Rothfuss  
\$100 Gift Card/King Arthur Flour ... Bonnie Mohla  
Shakleton Thomas "Blue Sky" Vase ...  
Nichole Vielleux  
\$50 Gift Card/"Post" in WRJ ... Mary Roberts  
\$75 Gift Card/Elixir Restaurant ... Patsy Carter  
Chocolate House by Cindy Cameron ...  
Christine Pirello  
Simon Pearce "Barre" Bowl ... Mary Bell  
"School's Out" Stave Puzzle ... Richard Smith  
Basket of Sam & Diane's Jams ..Evelyn McSweeney  
Lamp/Hand-made Shade from Lampscape ...  
Janet Maloney  
\$50 Gift Card/Thyme Restaurant ...Geoff Martin  
Handmade Quilt/Bugbee Quilters ... Stan Flanders  
Gift Bag & \$50 Gift Card/"Flourish" in WRJ ...  
Peter Martin  
2 Adult & 2 Child Day Passes/ Upper Valley Aquatic  
Center ... Eleanor Zue  
\$50 Gift Certificate /Upper Valley Food Coop ...  
Karen Raymond  
Anichini Throw ... Keith Nelson-Miles  
"Taste of VT" Basket ... Joan Hebert  
Painting by Kitty O'Hara ...Myrtle North

### Thanks for the Egg Cartons!

A couple of months ago, we asked for egg cartons on behalf of one of our volunteers who helps distribute eggs to needy veterans. The response was heart-warming and very much appreciated, but he asked us to let folks know he's all set now.

## Thoughts for 2019

### "Change"

By James Dillett Freeman

I have resisted change with all my will,  
Cried out to life "pass by and leave me still."  
But I have found as I have trudged life's track  
That all my wishing will not hold life back.  
All finite things must go their finite way;  
I cannot bid the merest moment "Stay."  
So finding that that I have no power  
to change Change,  
I have changed myself. And this is strange,  
But I have found when I let change come,  
The very change that I was fleeing from  
Has often held the good I had prayed for,  
And I was not the less for change, but more.  
Once I accepted life and was not loath to change,  
I found change was the seed of growth.

### Winter Weather Closing Policy

During the next few months, there may be days when the weather conditions make it unsafe for our staff, volunteers and participants to be out on the roads. Our policy is that when the Hartford School District schools are closed due to weather or road conditions, the Bugbee Senior Center is also closed. Please watch your TV or listen to the radio for announcements.



When the Center is closed, there are no home-delivered meals. Meal recipients will receive an extra frozen meal to be used when the Center is unexpectedly closed.

### Moving? Going on vacation?

If you will be moving or away long enough to discontinue mail service, please let us know. If the Post Office returns your *Bugbee Bulletin* to us, we are charged 50¢. A quick phone call from you will mean a lot to us. And be sure to let us know when you return so we can update our mailing list accordingly.



If you would like to keep up with news here at the Center, we'll be happy to send the *Bugbee Bulletin* to your winter address or, preferably, send it to you via email.

## Free Income Tax Preparation Assistance Available From AARP Tax-Aide Program

Hartford Municipal Building 171 Bridge St., WRJ VT 05001

Wed & Fri 8:45 am to 4:00 pm Feb. 7-April 13, 2019 By Appointment Only

To make an appointment:

Online: <https://www.nhtaxhelp.org>

Click on "Get Free Tax Help" then select "Find by Name"

Scroll down to near the bottom of the list to find **White River Jct (VT)**

**(A) Hartford Town Hall** (Feb 7—Apr 13)

Click on SCHEDULE ONLINE NOW which will take you to the New Hampshire Free Tax Help website.

Scroll down to click on WHITE RIVER JUNCTION VT + HARTFORD TOWN HALL

Scroll to top of page, select your desired Wed. or Fri. date in the appointment calendar, then select any available appointment time. If there are no available times, select a different date.

Fill in the requested information in the Appointment Information block, then click Continue.

Review your information. Click on Schedule Your Appointment if everything is correct; Go Back, if anything needs to be changed.

By Telephone, during regular business hours: outside NH: (866) 444-4211 in NH, dial 211

Give the 2-1-1 NH staff member your information so they can enter an appointment for you.

If you schedule an appointment and then find you no longer need it, please call the scheduling service as soon as possible to cancel so they can offer the appointment time to someone else.

WHEN YOU COME FOR YOUR APPOINTMENT, YOU MUST BRING:

- \* If married, it is preferable that both spouses be present.
- \* Original or photocopies of Social Security cards for taxpayer, spouse and any dependents being claimed.
- \* Picture ID for taxpayer and spouse (must be Driver's License, state issued ID card, Passport or other official document)
- \* W-2's from all places worked in 2018
- \* Prior year's tax return, if available
- \* Bank routing number and account number for direct deposit

If applicable, bring:

- Copies of any 1099s issued to you or your spouse (including from Social Security)
- Form 1095A if you purchased health insurance via Vermont Health Connect of [healthcare.gov](http://healthcare.gov)
- Bank account interest year-end statement
- If you live in your own property, your town tax bill for 2018/2019
- If you rent, your signed Landlord Certificate (LC-142)
- If you paid land rent to a non-profit mobile home park, the letter stating taxes paid
- Copies of last year's mortgage interest statements (including any points paid)
- Real estate taxes paid statement
- Proof of charitable donations
- Statement of work-related expenses
- Vehicle registration fee if based on value
- Receipt for tax preparation fees paid last year
- Any other statements of allowable itemized deductions. If you are not sure, bring it! We'll be happy to review it.

NOTE: Returns can not be filed if taxpayer has rental income or for self-employed individuals who have employees or inventory or more than \$25,000 in expenses. Other limitations may apply. An appointment does not guarantee that we can process your return.

*Happy New Year!*



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WRJ VT 05001  
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The Bugbee Bulletin  
White River Council on Aging  
262 N Main St  
WRJ, VT 05001  
Return Service Requested





# January 2019 Home-Delivered Meals



Monday

Tuesday

Wednesday

Thursday

Friday

<p>If you will not be home to receive your meal, be sure to call the Center (295-9068) before 10AM.</p>	<p>1</p> <p><i>Happy New Year!</i></p> 	<p>2</p> <p>Green Salad Oven Chicken Mashed Potatoes Green Beans Bread Brownie</p>	<p>3</p> <p>Cole Slaw BBQ Spare Ribs Seasoned Potatoes Beets Corn Bread Peach Crisp</p>	<p>4</p> <p>Tossed Salad American Chop Suey Brussels Sprouts Garlic Bread Pears</p>
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